

# WEEK 3

## CHOICES HALAL MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread
<b>CHOICE 1</b>	Halal Chicken Enchiladas	Macaroni Cheese Garlic & Herb Bread	Halal Chicken Curry with Rice	Halal Lamb Mince Pie with Potatoes	Halal Chicken Pasta Garlic & Herb Bread
<b>CHOICE 2</b>	Quorn Dog & Onions Herb or Plain Potato Wedges	Baked Beans on Toast	Tuna Pasta Salad	Cheese & Tomato Pizza Spiced or Plain Diced Potatoes	Fish Fingers Oven Chips or Potatoes
<b>CHOICE 3 DELI</b>	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day
<b>VEGETABLES</b>	Broccoli Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Vegetable Medley Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Spiced Onion Salad Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Carrots Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Garden Peas Lettuce Tomato Cucumber Spring Onion Mixed Peppers
<b>DESSERT</b>	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit
<b>DRINKS</b>	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water

# 123 Halal choice

## SECONDARY MENU Weekly Cycle 2019

WEEK 1	15/4	6/5	27/5	17/6	12/8	2/9	23/9
WEEK 2	22/4	13/5	3/6	24/6	19/8	9/9	30/9
WEEK 3	29/4	20/5	10/6		26/8	16/9	7/10

Select a main meal, drink and dessert.  
Choose as much fruit & vegetables,  
and soup & bread as you like.

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THE NEW SPRING/SUMMER MENU  
STARTS 15 APRIL 2019

# WEEK 1

# CHOICES HALAL MENU

# WEEK 2

# CHOICES HALAL MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread
<b>CHOICE 1</b>	Halal Chilli Chicken Pitta Bread	Quorn Sausages in Gravy with Potatoes	Halal Chicken Curry with Rice	Halal Lamb Lasagne Garlic & Herb Bread	Halal Roast Chicken Yorkshire Pudding with Potatoes
<b>CHOICE 2</b>	Cheese & Tomato Pizza with Pasta	Halal Chicken & Rice with Crusty Bread	Fish Fingers Oven Chips or Potatoes	Keema Burger in a bun Spiced or Plain Diced Potatoes	Baked Beans on Toast
<b>CHOICE 3 DELI</b>	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day
<b>VEGETABLES</b>	Mixed Vegetables Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Baked Beans Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Tomato & Onion Salad Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Sweetcorn Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Turnip Lettuce Tomato Cucumber Spring Onion Mixed Peppers
<b>DESSERT</b>	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit
<b>DRINKS</b>	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread
<b>CHOICE 1</b>	Halal Lamb Curry with Rice	Macaroni Cheese Garlic & Herb Bread	Halal Lamb Meatballs in Tomato Sauce with Pasta	Salmon Nibbles Roast Potatoes	Breaded Fish with Potatoes
<b>CHOICE 2</b>	Falafel Salad Wrap Herb or Plain Diced Potatoes	Fish Cake with Potatoes	Cheese & Tomato Pizinni Herb or Plain Potato Wedges	Baked Beans on Toast	Halal Sweet Chilli Chicken Breast in a Bun Herb or Plain Potato Wedges
<b>CHOICE 3 DELI</b>	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day
<b>VEGETABLES</b>	Spiced Onion Salad Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Coleslaw Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Green Beans Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Broccoli Lettuce Tomato Cucumber Spring Onion Mixed Peppers	Beetroot Lettuce Tomato Cucumber Spring Onion Mixed Peppers
<b>DESSERT</b>	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit
<b>DRINKS</b>	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water	Plain Semi-Skimmed Milk Bottled Water